

Co-Ed and Women's Volleyball Supplemental Rules & Regulations

National Federation High School Volleyball rules will govern league games in conjunction with supplemental league rules.

1. A team shall consist of a maximum of six (6) players on the court at one time. To start a match, and at all times during play, a minimum of two (2) women and two (2) men must be on the court in the Co-Ed league. To start a match, and at all times during play in the Women's league, four (4) women must be on the court.
2. Players must be 18 years of age to participate.
3. Player Eligibility: To be eligible to participate, all players must have signed and completed a City of Renton E-Roster. Link will be sent to all captains. A pick-up player may be used if the opposing team representative agrees. Pick up Player must be from the same division (i.e. Upper or Lower Rec).
4. A team shall not have more than twelve (12) players registered on the official team roster.
5. Rosters must be completed prior to the first scheduled match. Rosters will be frozen for the remainder of the season on the Friday of the third week of scheduled league games. After such time, no players may be added to
6. Substitutions - You may rotate in substitutions at two positions, and once in you must play all positions. If your team spot substitutes, you are allowed three (3) entries in the game and you must enter for the same player each time.
7. Each match will consist of a three (3) guaranteed games; each game will count towards overall league standings. Each game will be rally scoring to 25 points (cap at 27 points). Depending on time the third game may be rally scoring to 15 points (cap at 17 points), determined by the official, team captains or staff onsite.
8. A let serve is allowed for continuation of play. A ball contacting and crossing the net shall remain in play provided contact is entirely within the net antennas.
9. There will be a ten (10) minute grace period for the first game of each match from the scheduled start time. After the ten (10) minute grace period, the team will forfeit their first game of the match. After twenty (20) minutes from the scheduled start time of the match, a team will automatically forfeit any additional games in the match.
10. A team is allowed one (1) time-out of thirty (30) seconds per game. Time-outs do not accumulate.
11. One step into the court when serving is allowed (when playing on small courts only). You are allowed only one serve re-toss per serving turn.
12. A player can hit the ball with any part of the body.
13. In case of interference from action outside the court, play restarts with the previous serve.
14. Judgment calls are not grounds for discussion. Only the team captain is allowed to communicate with officials for rule clarifications.
15. No attacking movement on the serve. This means no blocking, spiking or aggressive movement to play the ball back towards the serving team directly off the serve.
16. No contact with the net with any part of your person including hair and clothing, regardless of where you contacted the net.
17. No part of your body can completely cross the center line and make contact with the floor, whether it interferes with the opposing team or not.
18. For any games self-officiated if call on a play cannot be solved within 30 seconds the play does not count and we replay the situation. No point is granted to either team.
19. NO FOUL Language at any time before/during/after games.
20. The following methods will be used to determine league standings:
 - a. Teams with the best league record will advance to playoffs.
 - b. Between tied teams the following criteria will be used:
 1. Head to head competition in league play.
 2. Point differential between tied teams that have played more than one match against each other.
 3. Coin flip.